

# Eye of the Beholder Quilt Design

original hand and machine applique patterns inspired by the world around us

2324 Carriage Drive, Milliken, CO. 80543

[info@eobquilt.com](mailto:info@eobquilt.com) – (970) 330-6164

## Practice Piece

The pattern includes directions for machine reverse appliqué and appli-quilting.

**Fabric Requirements:** (Based on 42" wide fabric)

### Top:

2 – 9" x 12" rectangle **dark** top fabric

2 – 9" x 12" rectangle **light** background fabric

**Backing:** 1 – 9" x 12" rectangle **dark** top fabric, for Appli-quilting version

**Batting:** 1 – 9" x 12" rectangle

**Soft Fuse:** 2 – 8 ½" x 11" rectangles

**Stabilizer:** Terial Magic (spray-on stabilizer) or 1 – 9" x 12" rectangle of stabilizer of your choice

### Thread:

1 spool of 40 wt. or 50 wt. **that matches your top fabric:** Machine Reverse Applique

### Other Supplies:

Pencil, Mechanical pencil for tracing pattern

small, very sharp-tipped pair of scissors ( we recommend Kai 4" bent handled sharp tipped scissors\*)

Light box may be helpful for tracing pattern

75/11 or 80/12 needle (90/14 if Appli-quilting option)

Sewing machine with zig-zag stitch or satin stitch

Open-toed sewing machine foot *strongly recommended*

Straight pins



## Machine Reverse Appliqué

### Trace -

1. Lay out pattern. Cut iron-on fusible to the correct dimensions. Find the middle of the length and width of the fusible. Crease. Open up fusible and lay on pattern with paper side up, aligning folds with the patterns hash marks. Pin to pattern.
2. With a sharp pencil trace all **black shapes** onto the fusible. When done, remove pins.

### Iron -

1. Find the middle of the length and width of your top fabric by folding. Iron or finger fold. Open up to lay flat.
2. Lay top fabric right side down. Lay iron-on fusible, glue side down, onto the wrong side of top fabric. You may want to secure with pins. Iron fusible onto your fabric following your fusible material's directions. Remember to remove your pins before you iron.

### Snip -

With small, sharp scissors, carefully cut on the lines to cut out the **black** shapes on the pattern. Discard what you cut out. On the pattern piece:

**White-** your top material

**Black** - what you will cut out and discard

### Iron -

1. Find the middle of the length and width of your background fabric. Iron or finger fold. Open up and lay flat with wrong side down.
2. Peel the paper off the fused top material.
3. Carefully lay glue side of fused top material onto the right side of background material. Align the middles of the length and width of both fabrics with each other.
4. Iron fused top fabric onto the background, following your fusible material's directions.

5. Stabilize your fabric with Terial Magic spray-on stabilizer or your stabilizer of choice.
  - a. Appli-quilting Option: If choosing to Appli-quilt, you do not need a stabilizer. Layer your fused top with batting and backing now. Use 90/14 needle. Then proceed with your stitching.

### *Stitch -*

1. Thread your sewing machine with thread that matches your top fabric.
2. To satin stitch, select your machine's zig-zag stitch. Adjust your sewing machine's stitch width and length until you have the desired look.
3. Machine reverse appliqué, covering all raw edges with thread that matches your top fabric.

For more help on machine reverse appliqué, visit the Technique Tutorials and Blogs at [www.eobquiltdesign.com](http://www.eobquiltdesign.com). See particularly the 5-part blog series in the Blog, Tutorial section on *Machine reverse applique*, January 3 – 31, 2018.

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